

APRIL 2026 EDITION

# BREAKDOWN PRESENTS

# MASCOT

HIGH SCHOOL HAPPENINGS



## SPRING'S HEATING UP

SPRING LUNCH TAKEOVER TOUR & SPRING SEASON SEMIFINALS

Featuring:



BE YOU. BE REAL. BE VAPE-FREE.

**BREAKDOWN IS A LAS VEGAS TEEN  
MOVEMENT BRINGING YOU THE TRUTH  
AND DISPELLING THE MYTHS  
ABOUT VAPING.**



**FOLLOW TO LEARN MORE, FOR CONTESTS,  
PRIZES, AND SWAG GIVEAWAYS...**

**📷 @BreakDownRiseUp  
BreakDownRiseUp.com**

**BE YOU. BE REAL. BE VAPE-FREE.**

# BREAKDOWN LOVE LIVE

# IN THIS ISSUE

## NOTE FROM BREAKDOWN

April is here - and that means wrapping up BreakDown's Lunch Takeover Tour and Spring Sports.

Let's break it down.

### **06 Spring Season Update**

Catch up on what's happening with baseball, softball, and boys volleyball.

### **10 Giveaway Winners**

Congrats to our spring BreakDown giveaway winners!

### **18 Lunch Takeover Tour**

Spring Lunch Takeover Tour wrap-up.

# **BOYS VOLLEYBALL**

A photograph showing several hands reaching up towards a volleyball in the air. The volleyball is white with yellow and blue panels. The background is dark, suggesting an indoor gymnasium.

# **SOFTBALL**

A photograph of a softball player in an orange jersey with the number 4 on the back, swinging a bat. A catcher in a red helmet and mask is visible to the right. The scene is set in front of a chain-link fence.

# **BASEBALL**

A photograph of a baseball player in a white pinstriped uniform, wearing a dark helmet and batting gloves, in a batting stance. The background is a blurred baseball field.

**SPRING SEASON  
IS HERE.**



**VIEW ALL GAME SCHEDULES  
ON INSTA @BREAKDOWNRISEUP**



**KNOW YOUR  
OPPONENT.**

**VAPING  
HOLDS YOU DOWN.  
GETS IN YOUR HEAD.  
LOWERS YOUR MOTIVATION.**

**BREAKDOWN**

**BE YOU. BE REAL. BE VAPE-FREE.**



VALLEY VS SPRING VALLEY SOFTBALL, 3/12.  
TAKEN BY @SIDELINEIMAGERY

Southern Nevada high school spring sports are in full swing, with competition unfolding across softball, baseball, and boys volleyball. Southern Nevada softball teams have delivered strong performances this season, with Basic, Liberty, and Coronado emerging as top contenders.

On the baseball diamond, Basic, Palo Verde, and Faith Lutheran continue to lead. Boys volleyball has also been highly competitive this spring, with programs like Coronado, Arbor View, and Gorman standing out.

Overall, we can't wait to see how it plays out as teams battle for league titles and playoff spots!

**JOIN THE MOVEMENT.**

**BREAKDOWN**

**APPLY TO BE A PART OF THE  
AMBASSADOR TEAM**

BreakDown is recruiting Southern Nevada teens to join our movement and promote vape-free lifestyles on social media.

**APPLY AT  
BREAKDOWNRISEUP.ORG/AMBASSADORS**



**Be You. Be Real. Be Vape-free.**

# SPRING GAME COVERAGE

Spring 2026



# SPRING GAME COVERAGE

Spring 2026



BREAKDOWN  
BE YOU. BE REAL.

BREAKDOWN  
BE YOU. BE REAL.



BREAKDOWN  
BE YOU. BE REAL.

BREAKDOWN  
BE YOU. BE REAL.



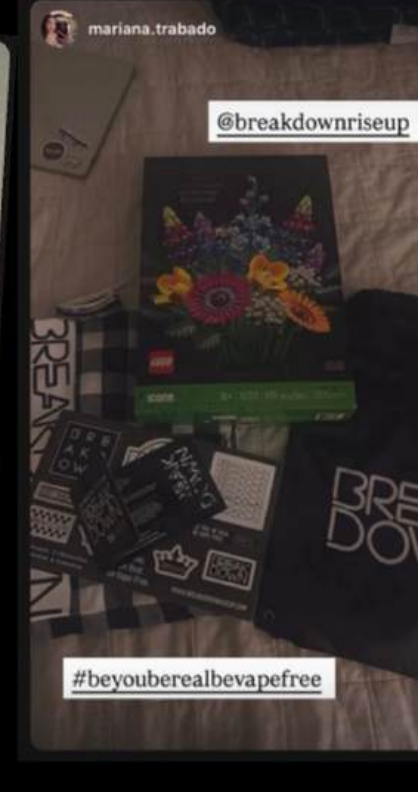
BREAKDOWN  
BE YOU. BE REAL. BE VAPE-FREE

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BE YOU. BE REAL.

BREAKDOWN  
BE YOU. BE REAL. BE VAPE-FREE



# CONGRATS TO OUR GIVEAWAY WINNERS!



VAPING  
IS NO JOKE.



BREAKDOWN

BE YOU. BE REAL. BE VAPE-FREE.

# FAST FACTS

to blow your brain



THERE WERE ACTIVE VOLCANOES ON THE MOON WHEN DINOSAURS WERE ALIVE.

LIKE FINGERPRINTS, EVERYONE HAS A UNIQUE TONGUE PRINT.



THE DEEPEST PART OF THE OCEAN IS ABOUT 35,876 FEET DOWN.



# BREAKDOWN

BE YOU. BE REAL. BE VAPE-FREE.

more than what you see

sister in hospital

cheating on  
my bf

didn't give up  
today

gaming

moving out

punished for getting  
caught vaping

waiting for  
friends to pick me up

talking to my girl

parents getting  
divorced

concert tonight

got accepted  
to college

got a new car

parents fighting  
again

doom scrolling

binging a new series

parents just found  
my vape

mom lost  
her job

overthinking  
everything

worried about  
paying rent

favorite cousin  
visiting

sister leaving  
for college

**LIMITED  
EDITION**

# BREAKDOWN SLEEPING PANTS

KEEP AN EYE ON INSTA  
FOR CHANCES TO WIN!

**NEW  
GEAR**

BREAKDOWN

BE YOU. BE REAL. BE VAPE-FREE.

# BREAKDOWN

BE YOU. BE REAL. BE VAPE-FREE.

**BREAKDOWN'S OFFICIAL INSTAGRAM  
IS @BREAKDOWNRISEUP.**

**WE ARE BLUE CHECKMARK VERIFIED!**



**BREAKDOWN WILL NEVER CONTACT  
YOU FROM AN UNVERIFIED ACCOUNT.**

**PLEASE REPORT AND BLOCK  
ANY SCAM ACCOUNTS YOU SEE!**

# BREAKDOWN

BE YOU.

BE REAL.

BE VAPE-FREE.

FOR FREE HELP TO QUIT SMOKING OR VAPING, CONTACT

MY LIFE  MY QUIT™

TEXT: START MY QUIT TO 36072



# **NO VAPES. NO CANNABIS. NO REGRETS.**

**Cannabis isn't harmless, especially when it's vaped. Like vaping nicotine, vaping cannabis sends chemicals straight to your lungs and brain. A lot of today's products are highly concentrated too, which can affect focus, memory, and motivation more than people realize.**

**Choosing to stay cannabis-free and vape-free means focusing on what actually matters to you, whether it's sports, school, getting a job, music, or whatever goals you're chasing.**

**At the end of the day, staying vape-free and cannabis-free is about staying in control and putting yourself first.**



LOVE

YOURSELF

LIVE

VAPE-FREE





**CATCH BREAKDOWN  
AT YOUR SCHOOL!**  
STOP BY THE BREAKDOWN BOOTH FOR GEAR,  
DANCING, AND A CHANCE TO WIN OUR FREE RAFFLE.



# LOVE LIVE

YOURSELF

V A P E - F R E E

## BREAKDOWN

*SPRING 2026 LUNCH TAKEOVER TOUR*

**FREE RAFFLE CARDS GIVEN AWAY AT ALL  
BREAKDOWN LUNCH TAKEOVER TOUR STOPS**  
*(AVAILABLE AT ALL PARTICIPATING SCHOOLS)*

**CHANCE TO WIN**

**AIRPOD MAX, IPAD,  
OR AMAZON GIFT CARDS**



**HOW TO PLAY:**

*Get A Raffle Ticket From BreakDown Booth*

*Follow @BreakDownRiseUp on Instagram*

*Scratch Off Card To Reveal Unique Code*

*Check Insta To See Winning Codes*

*Raffle ticket winning numbers will be posted on 2/6/2026. No purchase necessary.  
Open to CCSD students ages 13-18. Prizes must be claimed by 4/18/2026 or the prize is forfeited.  
Physical card must be presented to claim prize.  
Each person may only win once.*

**BE YOU. BE REAL. BE VAPE-FREE.**

**i** CHOOSE TO BE VAPE-FREE  
**GIVEAWAY**



*PRIZE: AN iPad*







**1 WINNER WILL BE CHOSEN!**

**BREAKDOWN**

**BE YOU. BE REAL. BE VAPE-FREE.**

# GRADUATION TIME

KNOW THE DATE YOU GRADUATE!

 MAY 27	 MAY 23	 MAY 27	 MAY 27	 MAY 26
 MAY 27	 MAY 28	 MAY 28	 MAY 27	 MAY 26
 MAY 29	 MAY 27	 MAY 27	 MAY 28	 MAY 29
 MAY 26	 MAY 29	 MAY 22	 MAY 23	 MAY 27
 MAY 22	 MAY 23	 MAY 29	 MAY 23	 MAY 28
 MAY 26	 MAY 26	 MAY 28	 MAY 22	 MAY 22
	 MAY 26	 MAY 29	 MAY 29	

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